FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL								
	OMB Number:	3235-0287							
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Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*					2. Issuer Name and Ticker or Trading Symbol VistaGen Therapeutics, Inc. [VSTA]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
Singh Shawn					The Contraction, inc. [+5111]								X Directo			10% Ow		
(Last)	(F	irst)	(Middle)										X Officer below)	(give title		Other (s below)	pecify	
C/O VISTAGEN THERAPEUTICS, INC.					3. Date of Earliest Transaction (Month/Day/Year) 02/12/2016								CHIEF EXECUTIVE OFFICER				R	
343 ALLERTON AVENUE																		
(Street)					4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)					
SOUTH SAN		94080										X Form filed by One Reporting Person						
FRANC	ISCO	CA	<i>3</i> 4000										Form fi Persor		e than	One Report	ting	
(City)	(S	tate)	(Zip)															
		Tal	ole I - Non	-Derivat	ive S	ecuri	ties Ac	quired,	Dis	posed of	f, or Bei	neficiall	y Owned					
1. Title of Security (Instr. 3) 2. Transa Date (Month/Date)					Execution Date,		Code (Instr. 5)				5. Amour Securitie Beneficia Owned F	s Form ally (D) o ollowing (I) (Ir		Direct I Indirect E str. 4)	7. Nature of Indirect Beneficial Ownership			
								Code	v	Amount	Amount (A) or		Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Common Stock 02/12/					/2016		A		5,625 ⁽¹⁾ A		\$0(1)	26,234 ⁽²⁾				Зу Гrust ⁽³⁾		
		,	Table II - D							osed of, onvertib			Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year	Cod	Transaction Code (Instr.				6. Date Exercisable an Expiration Date (Month/Day/Year)		7. Title an Amount of Securities Underlyin Derivative (Instr. 3 a	of s ig e Security	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
				Cod	le V	(A)	(D)	Date Exercisal		Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	J.1(3)			
Warrant	\$10	02/12/2016		D			2,500 ⁽²⁾	02/06/20	12	12/06/2017	Common Stock	2,500	\$0	0		I	By Trust ⁽³⁾	
Warrant	\$20	02/12/2016		D			5,000 ⁽²⁾	02/06/20	12	12/06/2017	Common Stock	5,000	\$0	0		I	By Trust ⁽³⁾	

Explanation of Responses:

- 1. Warrants for aggregate 7,500 shares surrendered and canceled in exchange for unregistered shares of Issuer common stock at a ratio of 0.75 x warrant shares to be exchanged.
- 2. Number of shares and price have been adjusted to reflect the 20:1 reverse split of the Company's Common Stock on August 14, 2014.
- 3. Held by The 1997 Singh Family Trust U/R/D 5/29/97.

/s/ Jerrold D. Dotson, Attorney-02/16/2016 in-Fact

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.