UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT PURSUANT TO SECTION 13 OR 15(d) of the SECURITIES EXCHANGE ACT OF 1934

Date of Report (Date of earliest event reported): July 15, 2021

VistaGen Therapeutics, Inc.

(Exact name of registrant as specified in its charter)

NEVADA

(State or other jurisdiction of incorporation)

000-54014 (Commission File Number)

20-5093315 (IRS Employer Identification Number)

343 Allerton Ave.

South San Francisco, California 94090 (Address of principal executive offices)

(650) 577-3600

(Registrant's telephone number, including area code)

Not Applicable

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

□ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

□ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a -12)

□ Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d -2(b))

□ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e -4(c))

Securities registered pursuant to Section 12(b) of the Act:

Title of each class Common Stock, par value \$0.001 per share Trading Symbol(s) VTGN

Name of each exchange on which registered Nasdaq Capital Market

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (17 CFR 230.405) or Rule 12b-2 of the Securities Exchange Act of 1934 (17 CFR 240.12b-2)

Emerging Growth Company \Box

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act \Box

Item 4.01 Change in Registrant's Certifying Accountant.

On July 15, 2021, WithumSmith+Brown, PC, an independent registered public accounting firm ("*Withum*"), acquired certain assets of OUM & Co. LLP ("*OUM*"), the independent registered public accounting firm for VistaGen Therapeutics, Inc., a Nevada corporation (the "*Company*") (the "*Acquisition*"). As a result of this transaction, on July 15, 2021, OUM resigned as the Company's independent registered public accounting firm. Concurrent with such resignation, the Company, with the approval of its Audit Committee, consented to the engagement of Withum. Withum is the Company's new independent registered public accounting firm, effective July 15, 2021.

Prior to the Acquisition, the Company did not consult with Withum regarding the application of accounting principles to any specific completed or contemplated transaction or regarding the type of audit opinion that might be rendered by Withum on the Company's financial statements, and Withum did not provide any written or oral advice that was an important factor considered by the Company in reaching a decision as to any accounting, auditing or financial reporting issue.

OUM's Report of Independent Registered Public Accounting Firm (the "Audit Report") on the Company's financial statements for the fiscal years ended March 31, 2021 and 2020 did not contain any adverse opinion or disclaimer of opinion and was not qualified or modified as to uncertainty, audit scope or accounting principles, except that the Audit Report for the year ended March 31, 2020 included in the Company's Annual Report on Form 10-K for the year ended March 31, 2020 and filed with the Securities and Exchange Commission (the "Commission") contained an explanatory paragraph disclosing uncertainty regarding the Company's ability to continue as a going concern. The Audit Report for the year ended March 31, 2021 contained no such explanatory paragraph.

During the years ended March 31, 2021 and 2020, and during the interim period from the end of the most recently completed fiscal year through July 15, 2021, the date of resignation, there were no "disagreements" (as such term is defined in Item 304(a)(1)(iv) of Regulation S-K and the related instructions to Item 304) with OUM on any matter of accounting principles or practices, financial statement disclosure or auditing scope or procedures, which disagreements, if not resolved to the satisfaction of OUM would have caused it to make reference to such disagreement in its reports. During the fiscal years ended March 31, 2021 and March 31, 2020, and the subsequent interim period through July 15, 2021, there have been no "reportable events" (as such term is defined in Item 304 (a)(1)(v) of Regulation S-K), except for the material weaknesses described in Item 9A of the Company's Annual Report on Form 10-K for the fiscal year ended March 31, 2021.

The Company provided OUM with a copy of this Current Report on Form 8-K prior to its filing with the Commission and requested that OUM furnish the Company with a letter addressed to the Commission confirming that it agrees with the above statements. A copy of the letter, dated July 21, 2021, is filed as Exhibit 16.1 (which is incorporated by reference herein) to this Current Report on Form 8-K.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits.

See Exhibit Index.

Signatures

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

VistaGen Therapeutics, Inc.

Date: July 21, 2021

By: /s/ Shawn K. Singh

Shawn K. Singh, J.D. Chief Executive Officer Exhibit No.Description16.1Letter from OUM & Co. LLP dated July 21, 2021

July 21, 2021

Securities and Exchange Commission 100 F Street, N.E. Washington, DC 20549-7561

Ladies and Gentlemen:

We have read VistaGen Therapeutics, Inc.'s statements included under Item 4.01 of its Form 8-K dated July 21, 2021, and are in agreement with the statements contained therein concerning our firm in response to Item 304(a) of Regulation S-K.

Very truly yours,

/s/ OUM & Co. LLP