FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number: 3235-02									
Estimated average burden									
hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Rotunno Mary L.</u>					2. Issuer Name and Ticker or Trading Symbol <u>VistaGen Therapeutics, Inc.</u> [VTGN]						(Ch	eck all applic	cable) or	ng Person(s) to Is		Owner
(Last) (First) (Middle) C/O VISTAGEN THERAPEUTICS, INC. 343 ALLERTON AVENUE					3. Date of Earliest Transaction (Month/Day/Year) 07/06/2021								Officer (give title below)		Other (specify below)	
(Street) SOUTH FRANCI (City)	SCO		94080 (Zip)	4.	If Amer	ndment, I	Date (of Original File	ed (Month/Da	ay/Year)	Line	X Form f	iled by One	Reportir	ng Person	.
1. Title of Security (Instr. 3) 2. Transa Date				Fransaction te onth/Day/Y	action 2A. Deemed Execution Date, if any (Month/Day/Year)			3. Transactic Code (Inst 8)	str. 5)			or and Securities Beneficially Owned Follow Reported Transaction(s) (Instr. 3 and 4)		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership Instr. 4)
1. Title of Derivative Security (Instr. 3)	(e.g.,) L. Title of 2. 3. Transaction Date Execution Date, (Month/Day/Year) if any		g., puts, 4. Transa Code (quired, Disposed of, s, options, converti 6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	ly Di or (I)	o. wnership orm: irect (D) Indirect (Instr. 4)	Beneficial Ownership (Instr. 4)		
Stock				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares					
Option (Right to Buy)	\$3.33	07/06/2021		A		75,000		(1)	07/06/2031	Stock	75,000	\$0	75,000		D	

Explanation of Responses:

1. The stock options vest in twelve equal monthly installments, beginning on the date of the grant. The stock options were granted in connection with the Reporting Person's appointment to the Issuer's Board of Directors and pursuant to the Issuer's 2019 Omnibus Equity Incentive Plan.

/s/ Jerrold D. Dotson, Attorney- 07/07/2021

in-Fact

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.