FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL							
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Underdown Brian J. (Last) (First) (Middle)	2. Date of Even Requiring State (Month/Day/Yea 06/05/2011	vistaGen Therapeutics, Inc. [VSTA] VistaGen Therapeutics, Inc. [VSTA] 4. Relationship of Reporting Person(s) to Issuer 5. If Amendment, Date of Original Filed								
C/O VISTAGEN THERAPEUTICS, INC.			(Check all applicable) X Director	10% Owne	Ι,	(Month/Day/Year)				
384 OYSTER POINT BLVD., NO 8.			Officer (give title below)	Other (spe	cify 6. Inc	dividual or Joint	/Group Filing (Check			
(Street) SOUTH SAN FRANCISCO CA 94080 (City) (State) (Zip)			,	,	X	Form filed by	y One Reporting Person y More than One erson			
Table I - Non-Derivative Securities Beneficially Owned										
1. Title of Security (Instr. 4)			. Amount of Securities teneficially Owned (Instr. 4)			ature of Indirect Beneficial Ownership tr. 5)				
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)										
1. Title of Derivative Security (Instr. 4)	2. Date Exerc Expiration D (Month/Day/	ate	3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)		4. Conversion or Exercise	5. Ownership Form:	6. Nature of Indirect Beneficial Ownership (Instr. 5)			
	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	Price of Derivative Security	Direct (D) or Indirect (I) (Instr. 5)				
Stock Option (Right to Buy)	(1)	11/04/2019	Common Stock	10,000	1.5	D				
Stock Option (Right to Buy)	(2)	12/30/2019	Common Stock	125,000	1.5	D				
Stock Option (Right to Buy)	(3)	04/26/2021	Common Stock	50,000	1.75	D				

Explanation of Responses:

- $1. \ The \ option \ vests \ periodically \ over \ a \ period \ of \ two \ years, becoming \ fully \ vested \ on \ November \ 1, \ 2011.$
- $2. \ The \ option \ vests \ periodically \ over \ a \ period \ of \ three \ years, \ becoming \ fully \ vested \ on \ December \ 31, \ 2012.$
- $3. \ The \ option \ vests \ periodically \ over \ a \ period \ of \ four \ years, \ becoming \ fully \ vested \ on \ April \ 26, \ 2015.$

/s/ Brian Underdown 07/25/2011

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 5 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.